

# YTSS S.I.L. STUDENT TOOLKIT



## What is SIL?

As part of Home-Based Learning (HBL), you are going to embark on 'Student-Initiated Learning' or SIL for short. So what exactly is SIL?



SIL is

- ✓ an opportunity for you to learn to be an **independent, passionate** and **lifelong learner**
- ✓ a dedicated time during HBL for you to **explore personal interests**, both within and outside of curriculum



## SIL is not...

- a time for you to catch up on school work
- an activity that others ask you to do
- an activity that is graded
- an activity that you need to spend a long time planning for



# HOW DO I LEARN?



I want to learn \_\_\_\_\_,  
by \_\_\_\_\_.

Here are some examples:



I want to learn how to cook traditional cuisine from my culture, by reading cookbooks and trying the dishes at home.



I want to learn the Korean language, by taking online language lessons.



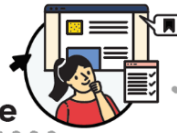
I want to learn gardening skills, by reading gardening magazines and growing a few plants of my own.



## THINGS TO REMEMBER FOR SIL

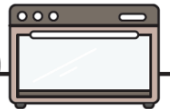
### 01

#### Keep it safe



- ✓ Consider the possible risks in what you plan to do.

I haven't used an oven before, I'd better ask my mum/dad/older siblings to teach me before I use it.



### 02

#### Keep it simple



- ✓ Choose a simple activity that can be done at home.
- ✓ Ensure that the materials you need are easily accessible.
- ✓ Break down a task into mini-tasks that you can progressively build up over the weeks!

### 03

#### Keep it stress-free



- ✓ Choose a topic that you enjoy!
- ✓ Have fun during the learning process and feel free to tweak your plan as you go along!



- Ideally, you should choose only one activity to progress over five weeks.
- However, should there be a need, you can choose a maximum of up to two activities. (2+3, or 3+2 sessions)



# JOURNAL EXAMPLE

## Session 1

### Q1

What is your choice of activity?

Baking of pastries

Student's view:

Answer the questions accordingly. Q1 focuses on the choice of activity that you intend to do.

### Q2

#### Describe your learning:

State briefly, your learning objectives for this session.

[Read More](#)

I want to be able to learn how to do some simple baking of pastries.

Muffins seem to be one of the easiest projects to start on

Link to video:

<https://www.youtube.com/watch?v=S3SLc0WSrgA>

[Read Less](#)

This is a sample learning objective. Do keep the objectives simple and achievable.

Do include links of any online resources you may have made use of.

### Q3

#### INSTRUCTIONS

Upload a file with your answer. You can attach up to 10 files.

#### Artefacts:

Insert, if any, pictures / video or audio links of your chosen activity below.

OMG sunken muffins



Take pictures of your work! It is okay if you don't succeed at first.

You can also put up videos on platforms such as TikTok and link these videos in this section.

### Q4

#### Reflections:

Use the following questions as a guide. The list is not exhaustive:

[Read More](#)

My muffins ended up with a sunken centre. I wasn't sure at first why this was happening.

After looking it up online, I came across a food blogger discussing about how why muffins end up the way they do:

<https://food52.com/blog/11899-how-to-make-domed-muffins>

It was an interesting read, and one thing I picked up was that adding more flour would allow for a more dome shaped muffin. This is one thing I can try in the next session.

Do a simple reflection on your progress for the session. Think about what you could have done to make things better, or what you have learnt from this session.

# RECOMMENDED ACTIVITIES

ART	MUSIC	LINGUISTICS
Manga drawing Finger painting Stained Coffee Art Origami Watercolour Art Stencil Art Sketching Paint by numbers Plasticine molding Collage Papier Mache	Learning an instrument Songwriting Beatboxing Singing Acapella Harmonizing	Learning a new language How to write haikus Poetry Dramatization Story telling

CULINARY	ACTIVITIES
<p><b>PRECAUTION</b></p> <ul style="list-style-type: none"> <li>• Culinary activities could possibly deal with electrical appliances or fire.</li> <li>• Hence, it is important you check with your parents that they are all right with the activity.</li> <li>• As much as possible, it is highly recommended that there is adult supervision for these activities.</li> </ul>	Cooking simple meals Baking Sushi making No-bake cake recipes Making desserts Fruit art (also related to art) Learning a particular cuisine, e.g. Korean Making delicious meals without cooking

FITNESS	ACTIVITIES
<p><b>PRECAUTION</b></p> <ul style="list-style-type: none"> <li>• These activities can possibly cause minor injury depending on the activity itself.</li> <li>• Always check you have enough space to practice the activity.</li> <li>• Do some warm ups and stretching before the activity.</li> </ul>	Dance aerobics Dancing (Salsa, Ballroom, etc.) Yoga Chair Yoga Pilates Barre HIIT

Google / YouTube are your best friends for ideas on how to do the above activities!